

# SCRIPT

Kindergarten Health TEKS 115.12

(12)(C) describe appropriate actions to take in response to bullying such as telling a parent or another trusted adult

**Say:**

Hello! *(said with a lot of excitement)*

*Introduce yourself to the students if they don't know you.*

Your teacher has told me she thinks this class is really terrific and that you are all ready to start training to be superheroes....is that right?

It takes a lot of courage and learning to be a superhero. Are you up to it? *(Illicit response, we want the students to be excited.)*

Who is ready to start superhero training?

**Slide One**

*Start slide one and use the music to get the attention of the class.*

**Slide Two**

Kindness

**Slide Three**

Superheroes in training!

**Slide Four**

**Say:** Superheroes are courageous. It's hard work standing up to people who are doing or saying mean things to us or to our friends.

Who agrees?

*(Again, we want kids yelling out and getting excited.)*

To be superheroes we need to know what to say when someone says or does something that hurts our feelings

## Slide Five

What does being kind mean to you?

Ok. Let's all sit down for a few minutes. What does being kind mean to you?

(Let the students call out what they think is kind. If they don't mention all of the following ask them, if xyz is also being kind...

1. Saying nice things to others
2. Smiling
3. Sharing
4. Letting others join in and play
5. Caring about someone's feelings
6. Helping others
7. Saying "I'm sorry"

***Presentation can stop here.***

## Slide Six

What actions are considered mean?

What are things we might do or say that could hurt our people's feelings?

Let's think about examples of mean things we shouldn't say...

Teasing

Name - calling

Put downs

Mimicking others

Social: "hurting someone's reputation or relationship"

What about mean things we shouldn't do?

Not including someone on purpose

Spreading rumors and gossiping about someone

Embarrassing someone in front of other people

Encouraging other children not to include someone or be friends with them

And what about mean things that we do that hurts a person's body or their belongings:

Hitting

Kicking

Tripping

Pushing

Breaking someone's toys or special things

## Slide Seven

It's ok to tell people, even our friends, that we don't like what they are doing or how they are acting if it is hurting us or someone else.

Everyone is different and sometimes we say something that we didn't think was not nice, but it makes someone else feel bad.

Let's practice responding to someone who says or does something we don't like.

If someone said my outfit was ugly.....what could I say to them?  
(Encourage the students to speak in using their strong voice)

\*Don't be mean.

Someone hits you.

\*Stop. Don't hit me.

Someone is teasing you over and over.

\*Stop. Don't tease me.

Someone takes your favorite pencil.

\*Don't take my pencil. (again with our strong voice...WHY DID YOU DO THAT)

Someone takes the toy you are playing with.

\*Stop. I had that first.

Someone pushes you down the slide.

\*Don't push me.

Someone takes your crayons.

\*Don't take my crayons.

Someone touches you when you don't want them to.

\*Stop. Don't touch me.

## Slide Eight

Superheroes are always kind. So let's all stand up and get ready to learn what it takes to be a SUPERHERO!

### **Slide Nine**

If someone is mean to you or you see someone being mean to someone else, you need to tell a trusted adult right away. And, we always tell the adults we live with if someone was mean to us, because we never keep secrets from the adults we live with!

Let's practice identifying who we would tell if we saw the following:

Someone pushing someone down on the playground...

Someone kicking someone in line in the cafeteria....

Someone hurting someone in the bathroom....

Someone pinching someone on the bus....

Someone tripping someone while you walk home....

Now that we know the difference between being mean and being kind, let's all stand up and get ready to rock the Superhero song!

### **Slide Ten**

Let's all stand up and get ready to rock along with me as we learn what it takes to be a superhero!

Are you ready?

### **Slide Eleven**

End of presentation