

SCRIPT

Kinder - Health TEKS 115.12

(12)(B) identify ways to discourage bullying

Slide One

Introduce yourself to the students.

Hello friends! Today we have something very important to talk about: Bullying.

Slide Two

The name of our presentation today is, "Just say no to bullying." We are going to talk about how we can work together to stop bullying.

Slide Three

Someone who helps stop bullying is a superhero. Anyone can help stop bullying, which means anyone can be a superhero. That means that today, you are a superhero in training! That is so awesome!

Slide Four

Our superhero learning goal for today is that, by the end of this superhero training session, you will be able to do THREE superhero things. Count with me! *Show the number with your fingers as you count, and have students do the same.*

ONE: You will know what to do if you're feeling mean.

TWO: You will know how to avoid bullying.

THREE: You will know how to discourage bullying from happening.

Slide Five

Say NO to bullying! The best way to say NO to bullying is to not bully. If no one acts like a bully, then no one GETS bullied. See how that works?

Slide Six

Have you ever felt like being mean to someone? Yeah, me too. It happens to everyone, even adults. The good news is that we can CHOOSE how we behave. We don't have to be mean if we don't want to.

Slide Seven

If you feel like being mean, stop and think before you do or say something that could hurt another person. Choose to walk away and find something else to do, like talk to a friend, play a game, or watch a video. If you are feeling mean, another thing you could do is talk to a trusted adult about it. Sometimes just talking about our mean feelings can help them go away.

Slide Eight

Another way to SAY NO to bullying is to stay away from bullies.

Slide Nine

Stay near your friends or stay near adults. If someone is being a bully, get away from them!

Slide Ten

The best way to SAY NO to bullying is to stand up for others!

Slide Eleven

Just say no to bullying by being kind to everyone. If you see someone being bullied, be their friend. And always, always tell an adult!

Slide Twelve

I need everyone to stand up and stretch so we can get ready to dance! Check out this video about how we can stop bullying NOW.

Push play to start the video. The run time is 2:31.

If the video doesn't start, the link is: <https://youtu.be/Jd5leermWOI>

Slide Thirteen

Wow! We learned so much today. My brain is full. Is your brain full? Does anybody remember how many learning goals we had today? That's right, THREE! Let's see how we did.

Who can tell me what you can do when you're feeling mean? Allow students time to respond. Encourage them to recall all three: stop and think; find something else to do; talk to an adult.

Who can tell me what you can do to avoid bullying? Allow students time to respond. Encourage them to recall all three: stay near friends, stay near adults, stay away from the bully.

Who can tell me what you can do to stop bullying? Allow students time to respond. Encourage them to recall all three: stand up for others by being kind, being a friend, and telling an adult.

Slide Fourteen

Great job today, everyone! You are well on your way to becoming superheroes!