[Insert date]

Dear Parent or Guardian,

Today, your child’s class learned about bullying. The focus of our time together was learning

how to identify bullying behaviors and the role of the bystander.

Bullying occurs when someone is repeatedly and intentionally mean, aggressive, or threatening

towards another person. It is also characterized by a real or perceived imbalance of power. For

your Kindergartener, we defined it as someone being mean to someone else on purpose. We

discussed how bullying can be physical (hurting other people’s bodies) and emotional (hurting

other people’s feelings).

**The most important portion of today’s lesson was encouraging students to report bullying**

**behaviors to a trusted adult at home or at school.** The more we empower our children to stop

bullying, the better their school experience will be. Children learn best when they feel safe.

**We encourage you to ask your child(ren) about what they learned today.**

Today’s lesson was brought to your student by David’s Legacy Foundation, an organization

whose mission it is to end bullying and cyberbullying of children and teens through education,

legislation, and legal action. For more information about the nonprofit, please visit

[www.DavidsLegacy.org](http://www.DavidsLegacy.org).

If you have any questions about today’s lesson, please feel free to contact me.

Sincerely,

[Insert name]