[Insert date]

Dear Parent or Guardian,

Today, your child’s class learned how to identify ways to advocate for self and others to prevent bullying and cyberbullying behavior.

Some of the ways your child can help prevent bullying and cyberbullying are by not joining in, encouraging, or laughing at the bully; walking away from the bully or unfriending/blocking the cyberbully, and firmly but calmly telling the bully or cyberbully to stop. It is also powerful to enlist the help of friends in stopping the bully or cyberbully.

**The most important portion of today’s lesson was empowering students to report bullying**

**and cyberbullying when they see it or experience it.** The more we empower our children to

stop bullying, the better their school experience will be. Children learn best when they feel safe.

**We encourage you to ask your child about what they learned today.**

Today’s lesson was brought to your student by David’s Legacy Foundation, an organization

whose mission is to end bullying and cyberbullying of children and teens through education,

legislation, and legal action. For more information about the nonprofit, visit www.DavidsLegacy.org.

If you have any questions about today’s lesson, please feel free to contact me.

Sincerely,

[Insert name]