

SCRIPT

5th Grade Health TEKS 115.17

(14)(A) identify methods available to report bullying

Slide One

Greet students and introduce yourself.

Slide Two

Today, we are going to talk about something very important: how to report bullying and cyberbullying. Who can tell me what bullying is? *Allow students time to respond.* Who can tell me what cyberbullying is? *Allow students time to respond.*

Slide Three

We have one learning goal for our time together today, which is that by the end of this lesson, you will be able to identify methods available to report bullying.

Slide Four

The best way to stop bullying is to report it when you see it or experience it. There are lots of different ways you can report bullying and cyberbullying when they happen.

Slide Five

Tell a friend. They can help you by being a listening ear, and they might even help you by going with you to talk to an adult about it. It's good to have some support if you're experiencing bullying or cyberbullying.

Slide Six

Tell your parents or the adults you live with. You could even tell a grandparent, aunt or uncle, or an older sibling or cousin. They can help you stop the bullying.

Slide Seven

Tell your school. Talk to a trusted teacher, coach, principal, counselor, or other staff member. Even if the bullying or cyberbullying takes place outside of school, there are ways that the school can take action against the bully to protect you and ensure that you feel safe at school.

Slide Eight

If you don't feel comfortable talking to an adult, you can report bullying and cyberbullying through your school's anonymous tip line, typically found on your school or district website.

Slide Nine

If you're being cyberbullied, there are ways to report abuse and flag users on every social media platform. You should also screenshot the abusive posts, messages, or texts, block the cyberbully, and report everything to a trusted adult.

Slide Ten

Reporting bullying is ALWAYS the right thing to do. You will not get in trouble because you are trying to keep someone safe. Let's take a look at this short video to see how one student decides to speak up to protect a friend.

Play the video, "Reporting Bullying!," which has a runtime of 1:56. If the embedded video doesn't work, here is the direct link: <https://youtu.be/rnGchpaV0kM>.

After the video, ask the following questions for discussion:

- Why was the girl afraid to report the bullying?
- Why did she eventually decide to report the bullying?
- What happened when she told her teacher?
- What do you think would have happened if she didn't tell her teacher?
- Why would someone be lucky to have a friend like her?

Slide Eleven

Let's recap our lesson today. Our learning goal was that you would be able to identify methods to report bullying and cyberbullying -- did we meet our goal? Can we identify the methods available to report bullying and cyberbullying? Raise your hand if you can tell me one way to report bullying and cyberbullying. *Call on the students and allow them time to respond. Help them identify all the available reporting methods that were covered in this presentation.*

Optional Bulletin Board Activity

Hand out a variety of blank word bubble sheets to each student and ask them to write the name of one specific friend, adult, and/or school staff member to whom they can report bullying. Place the word bubbles on the bulletin board around the correct category to provide a visual list of resources available to students who see or experience bullying.

Slide Twelve

Great job today! Remember, YOU have the power to help stop bullying and cyberbullying by reporting it when you see it or experience it.