

SCRIPT

5th Grade - Health TEKS 115.17

(13)(C) analyze the consequences of cyberbullying and inappropriate online and digital communication in relation to home, school, and community environments

Slide One

Greet students and introduce yourself.

Slide Two

Today, we are going to talk about something very important: Cyberbullying. Who can tell me what cyberbullying is? How is it different from regular bullying? *Allow students time to respond.*

Slide Three

The goal of our lesson today is that, by the end, you will be able to analyze the consequences of cyberbullying and inappropriate online and digital communication.

Slide Four

First, let's discuss the consequences of cyberbullying and inappropriate online and digital communication.. There are three layers of consequences: at home, at school, and in the community.

Slide Five

At home, the consequences of cyberbullying and inappropriate online and digital communication could be that your parents can't trust you to behave appropriately online, so they may take your devices away. What are some other ways you might get in trouble at home for cyberbullying? *Allow students time to respond. They may share personal stories or stories of a friend or sibling, but be sure to ask them not to name any names.*

Slide Six

At school, the consequences of cyberbullying and inappropriate online and digital communication, include losing the trust of your teachers and friends. You might even lose friends if you're mean online. You could be pulled into the principal's office and given a consequence or even suspended. What are some other consequences of cyberbullying at school? *Allow students time to respond, but be sure to ask them not to name any names.*

Slide Seven

In the community, there are also consequences for cyberbullying and inappropriate online and digital communication. If you're using social media to cyberbully, the platform may suspend your account or ban you for violating their terms of service. If the cyberbullying is reported to the police, you may face an investigation and legal punishment.

Slide Eight

It doesn't pay to be a bully or cyberbully. There are many negative consequences and they can have a major and lasting impact on your life. Because cyberbullying is so harmful, there are laws in place to prevent it and to protect the victims.

Slide Nine

In some states, cyberbullying is illegal. Texas has laws in place to prevent cyberbullying and to protect victims of cyberbullying. One of those laws is called, David's Law.

Slide Ten

Because cyberbullying is illegal, it's important to know how to avoid it. Let's watch this video and find out how to avoid being a cyberbully.

Play the video, "Cyberbullying - How to Avoid Cyber Abuse," which has a run time of 3:00. If the embedded video doesn't play, here is the direct link:

<https://youtu.be/cBgZuWz3zt0>.

Slide Eleven

Our learning goal today was to be able to analyze the consequences of cyberbullying and inappropriate online and digital communication. Let's see how we did. Who can tell me the consequences of cyberbullying at home? What about at school? And in the community? *Allow students time to respond. Encourage them to recall and discuss all the consequences outlined in this presentation.*

Slide Twelve

Great job today! You all learned so much about why it's important NOT to be a cyberbully. Always be kind!

Slide Sixteen

Avoid joining in or laughing. Sometimes kids will chime in or laugh when bullying occurs. But even a nervous laugh gives a bully the response he is looking for. If you don't feel brave enough to take direct action against the bully, you can still help by not participating in the bullying.

Regarding cyberbullying, never like, share or comment on mean or bullying-type posts.

Slide Seventeen

Walk away. Sometimes bullies are simply looking for attention. If they don't have an audience, they will stop. Sometimes, all it takes to help a victim is to walk away from the incident or to ignore the bully.

In the cyberworld, walking away translates into blocking the person who is cyberbullying you or someone else.

Slide Eighteen

Tell the bully to stop, or comment that the post is cyberbullying. Usually, if a bully is not getting positive attention from the crowd, he will stop what he is doing. It only takes one or two people to show disapproval for the bullying to end.

Slide Nineteen

Get an adult. Walk away from the bullying incident and go find help, because if the bullying is not reported, it will continue. Also, if you witness bullying or cyberbullying and are willing to tell someone what you saw, it helps support the victim.

Slide Twenty

Use a cell phone to call or text for help. If you have a cell phone, you can always call or text an adult and ask for help.

Slide Twenty-One

Request that other bystanders stand up, too. Sometimes it is safer and more effective if a group of kids confronts the bully. In fact, research shows that when peers intervene in a bullying incident, the bullying stops nearly 60% of the time.

There is strength in numbers -- rally your friends to put an end to bullying at school.

In the case of cyberbullying, you could get your friends to unfollow the cyberbully or call them out for their mean or inappropriate posts.

Slide Twenty-Two

Always report cyberbullying. Save the posts and report the cyberbullying to an adult. Many social media sites also have ways to report abuse and harassment.

Slide Twenty-Three

WOW--we sure learned a lot today! Let's see how we did. By a show of hands, tell me if you reached each of today's learning goals.

How many of you can tell me the consequences of bullying and cyberbullying? *Call on a few students to respond until you've covered all three areas (home, school, community).* What about the consequences of inappropriate online communication? *Call on a few students to respond.*

How many of you can tell me ways to report bullying? *Call on a few students to respond until you've covered the different ways to report bullying*

How many of you can tell me the different ways to show disapproval of bullying and cyberbullying as it's happening? *Call on students to respond until you've covered all the ways to show disapproval of bullying and cyberbullying.*

Slide Twenty-Four

Great job today, everyone! You should be very proud of how much you've learned. Remember, YOU have the power to stop bullying and cyberbullying, and the most important thing you can do is REPORT it.