[Insert date]

Dear Parent or Guardian,

Today, your child’s class learned about the negative impact that bullying, including

cyberbullying, has on both the bully and the victim. These negative impacts include:

* Feeling unsafe
* Physical and/or emotional harm
* Disruption to learning
* Increase in problem behaviors
* Low self-esteem
* Poor grades
* Poor attendance

**The most important portion of today’s lesson was encouraging students to do their part to**

**stop cyberbullying by being kind and choosing to make a positive impact.** The more we

empower our children to help stop cyberbullying, the better their school experience will be.

Children learn best when they feel safe.

**We encourage you to ask your child(ren) about what they learned today.**

Today’s lesson was brought to your student by David’s Legacy Foundation, an organization

whose mission it is to end bullying and cyberbullying of children and teens through education,

legislation, and legal action. For more information about the nonprofit, please visit

[www.DavidsLegacy.org](http://www.DavidsLegacy.org).

If you have any questions about today’s lesson, please feel free to contact me.

Sincerely,

[Insert name]