SCRIPT

2nd Grade - Health TEKS 115.14

(13)(A) describe consequences for the bully and the impact of bullying on the victim

Slide One

Introduce yourself to the students if they don't know you.

Slide Two

Hello friends! Today we have something very important to talk about: Bullying and cyberbullying. Does anyone know what bullying is? Allow students time to respond. What about cyberbullying? Allow students time to respond. Reinforce their answers and ask follow-up questions to probe further, if needed.

Slide Three

Our learning goal today is that by the end of the lesson, you will be able to describe the consequences for the bully and the impact of bullying, including cyberbullying, on the victim.

Slide Four

First, let's talk about the impact of bullying and cyberbullying on the victim. Can you think of ways that bullying and cyberbullying might impact someone? Invite the students to respond. Answers will vary, but the goal of the question is to get the students engaged in thinking about how bullying impacts the victim.

Slide Five

Let's look at some of the impacts of bullying and cyberbullying on the victim. Number one, victims of bullying might become afraid to go to school, or they might be afraid to go places where bullying happens, like the restroom or the playground. Isn't that terrible? Being afraid of school?

Number two, victims of bullying can feel very sad and worry about things. Do you like it when you feel sad? Does it feel good to always worry about things? *Allow students time to respond*.

Number three, victims of bullying can feel lonely, or they might think that nobody likes them. Do you ever feel lonely? Is it a good feeling? Allow students time to respond.

Number four, victims of bullying can have low self-esteem. What does that mean, to have low self-esteem? What does it look like? What does it feel like? *Allow students time to respond*.

Number five, bullying can hurt the victim's attendance and grades in school. They might be absent all the time. Their grades might drop. Why do you think bullying can cause someone's attendance and grades to drop? *Allow students time to respond*.

Slide Six

Next, we are going to talk about the consequences of bullying and cyberbullying. There are direct consequences for the bully because bullying has a lasting impact on more than just the victim.

Slide Seven

It is important to know that there can be consequences for bullying and cyberbullying. Because bullying and cyberbullying have so many negative impacts, adults take it very seriously, and so should you.

Slide Eight

When it comes to the consequences of bullying and cyberbullying, remember the three P's. Bullies and cyberbullies can get in trouble with their parents, the principal, and in some cases, the police.

Slide Nine

Let's look at the impact of bullying and cyberbullying. Bullying hurts people. It can hurt the bully and it can hurt the person being bullied. Bullying and cyberbullying interrupt learning and it can mean that you don't get as much time to learn. That hurts everybody! Bullies and cyberbullies can also get into trouble. And all of those things make school less fun and less safe. Nobody wants that. And so...

Slide Ten

Let's take a look at this video that reminds us how we should act towards one another. Play the video, "One Kind Word," which has a run time of 1:48. Here is the link if the embedded video doesn't work: https://youtu.be/oJQg2JyQ3mM.

After the video, ask:

How can you show kindness today? Allow students time to share ideas. Let's practice being kind. Turn to a partner and share a smile and tell them something kind.

OPTIONAL BULLETIN BOARD ACTIVITY: In the video, we are asked to share just ONE KIND WORD to make the world a better place. What kind word can you share? I want each of you to choose your favorite KIND WORD and put it on a piece of paper. (Students can color it, paint it, etc.; this activity can be as artsy and involved as you would like). Then we are going to put all our kind words on the bulletin board.

Slide Eleven

Our learning goal for today was to be able to describe the consequences for the bully and the impact of bullying, including cyberbullying, on the victim.

Let's see how we did. Who can tell me the impact of bullying and cyberbullying on the victim? Allow students time to respond. Who can tell me the consequences of bullying? Allow students time to respond.

Slide Twelve

WOW! You all learned so much today! Remember, being a bully has serious consequences. It's always better to be kind.