[Insert date]

Dear Parent or Guardian,

Today, your child’s class learned about the consequences for the bully and the impact of bullying

and cyberbullying on the victim.

Bullying and cyberbullying can have a lasting impact on the victim. Victims of bullying and

cyberbullying may experience anxiety, depression, and low self-esteem, as well as increased

truancy issues and academic struggles. It is also important to note, however, that the impact of

bullying goes beyond the victim, making school feel less safe and less fun for everyone–even

the bully. As a result, many states have enacted laws to protect victims of bullying and

cyberbullying.

You can learn more about the legal consequences of bullying and cyberbullying and the

protections afforded victims of bullying and cyberbullying by visiting <https://www.davidslegacy.org/programs/legislation/>.

**The most important portion of today’s lesson was empowering students to speak to others**

**with kindness.** The more we empower our children to help stop bullying, the better their school

experience will be. Children learn best when they feel safe.

**We encourage you to ask your child(ren) about what they learned today.**

Today’s lesson was brought to your student by David’s Legacy Foundation, an organization

whose mission it is to end bullying and cyberbullying of children and teens through education,

legislation, and legal action. For more information about the nonprofit, please visit

[www.DavidsLegacy.org](http://www.DavidsLegacy.org).

If you have any questions about today’s lesson, please feel free to contact me.

Sincerely,

[Insert name]