

SCRIPT

First Grade - Health TEKS 115.13

(B) discuss ways of discouraging bullying

Slide One

Introduce yourself to the students if they don't know you.

Slide Two

Hello friends! Today we have something very important to talk about: Ways to discourage bullying. Discourage means to prevent something from happening by showing that you don't like it.

Slide Three

Our goal by the end of this lesson is to be able to discuss the different ways we can discourage bullying. There are ways you can discourage bullying if YOU are being bullied, and there are ways to discourage bullying if you see someone else being bullied.

Slide Four

First, if you're being bullied, YOU can help stop it!

Slide Five

If you're being bullied, here's how you stop it: Tell the bully to stop in a clear, calm voice. Then walk away and tell an adult.

What does clear and calm sound like? Does it sound like yelling? Does it sound mean? Does it sound quiet? No. Let's practice saying "stop" in a clear, calm voice. Turn to a friend next to you and tell them to "stop" in a clear, calm voice. *Let students practice saying stop.*

Slide Six

If you see someone being bullied, YOU can help stop it!

Slide Seven

Be a friend. Stand up for others. Walk away. Say it with me: Be a friend. Stand up for others. Walk away.

Slide Eight

NEVER bully back. That can actually encourage more bullying. Instead, walk away and find a trusted adult you can tell. Who are some trusted adults you could tell if you were being bullied, or if you saw someone else being bullied? *Allow students time to respond.*

Slide Nine

Let's watch this video to see how McGruff the Crime Dog helps two kids discourage bullying.

Play the video, "McGruff Anti-Bullying Film," which has a runtime of 5:00. If the embedded video doesn't play, you can access it through this direct link: https://youtu.be/EvhIdB_8WXE.

Slide Ten

What did McGruff tell the kids to help them discourage bullying? *Allow students time to respond. Encourage them to recall STOP, TALK, and WALK. Use probing questions to discuss the elements of each step from the video.*

Questions for discussion after the video:

What happened when Sammy told the bullies to stop?

Then what did she say to them ("talk")?

What happened when she said that?

What did Scruff do to be a friend?

What happened then?

What do you think will happen next? Why?

Slide Eleven

Our learning goal today was for you to be able to discuss ways to discourage bullying, so let's see how we did.

If you're being bullied, what can you do to discourage it? Allow students time to respond. Their responses should include telling the bully to stop and walking away to tell a trusted adult. If you see someone being bullied, what can you do to discourage it? Allow students time to respond. Their responses should include being a friend and standing up for others.

Slide Twelve

Wow. You all did a fantastic job discussing ways to discourage bullying! I have no doubt that you can help make your school a safer place by using your new skills if you ever find yourself or someone else being bullied.