[Insert date]

Dear Parent or Guardian,

Today, your child’s class learned about ways to actively discourage bullying. We discussed how

students can discourage bullying if they are being bullied, and we also discussed how students

can discourage bullying if they see someone else being bullied.

If your student is being bullied, they should tell the bully to STOP in a calm, clear voice and then

walk away to find a trusted adult for help.

If your student sees someone else being bullied, they should be a friend by standing up for the

victim. They can also walk away with the victim and help them find a trusted adult.

**The most important portion of today’s lesson was encouraging students to actively**

**discourage bullying anytime they experience it or see it.** The more we empower our children

to stop bullying, the better their school experience will be. Children learn best when they feel

safe.

**We encourage you to ask your child(ren) about what they learned today.**

Today’s lesson was brought to your student by David’s Legacy Foundation, an organization

whose mission it is to end bullying and cyberbullying of children and teens through education,

legislation, and legal action. For more information about the nonprofit, please visit

[www.DavidsLegacy.org](http://www.DavidsLegacy.org).

If you have any questions about today’s lesson, please feel free to contact me.

Sincerely,

[Insert name]