[Insert date]

Dear Parent or Guardian,

Today, your child’s class learned about the impact and consequences of bullying. The focus of

our time together was how bullying hurts people and makes school feel less safe for everyone.

We talked about how bullies may have a hard time making and keeping friends and are more

likely to get in trouble in the future. We also discussed how victims of bullying feel sad, scared,

or worried. Victims of bullying may suffer from low self-esteem, increased truancy, and

decreased academic performance.

Because bullying is so harmful to the learning environment, we also shared with students that

there are serious consequences for those who exhibit bullying behaviors. School should be a

place where all students feel safe and welcome.

**The most important portion of today’s lesson was encouraging students to talk to a trusted**

**adult if they witness or are a victim of bullying.** The more we empower our children to stop

bullying, the better their school experience will be. Children learn best when they feel safe.

**We encourage you to ask your child(ren) about what they learned today.**

Today’s lesson was brought to your student by David’s Legacy Foundation, an organization

whose mission it is to end bullying and cyberbullying of children and teens through education,

legislation, and legal action. For more information about the nonprofit, please visit

[www.DavidsLegacy.org](http://www.DavidsLegacy.org).

If you have any questions about today’s lesson, please feel free to contact me.

Sincerely,

[Insert name]