[Insert date]

Dear Parent or Guardian,

Today, your child’s class learned about bullying and cyberbullying. The focus of our time

together was understanding the serious consequences of cyberbullying and inappropriate

online and digital communications, ways to report bullying and cyberbullying, as well as how to

show disapproval of bullying and cyberbullying behavior.

Some of the ways your child can deter bullying and cyberbullying are by not joining in; walking

away from the bully or unfriending/blocking the cyberbully, and telling the bully or cyberbully

to stop. It is also powerful to enlist the help of friends in stopping the bully or cyberbully.

**The most important portion of today’s lesson was empowering students to report bullying**

**and cyberbullying when they see it or experience it.** The more we empower our children to

stop bullying, the better their school experience will be. Children learn best when they feel safe.

Students who are found to be bullying or cyberbullying can face suspension from school and,

for more serious cases, civil and criminal penalties. For more information about the legal

consequences of bullying and cyberbullying and the legal protections afforded victims of

bullying and cyberbullying, please visit <https://www.davidslegacy.org/programs/legislation/>.

**We encourage you to ask your child(ren) about what they learned today.**

Today’s lesson was brought to your student by David’s Legacy Foundation, an organization

whose mission is to end bullying and cyberbullying of children and teens through education,

legislation, and legal action. For more information about the nonprofit, visit [www.DavidsLegacy.org](http://www.DavidsLegacy.org) .

If you have any questions about today’s lesson, please feel free to contact me.

Sincerely,

[Insert name]