[Insert date]

Dear Parent or Guardian,

Today, your child’s class learned about bullying and cyberbullying. The focus of our time

together was understanding the consequences of bullying and cyberbullying, and knowing how

to respond to bullying and cyberbullying.

**The most important portion of today’s lesson was empowering students to report bullying and cyberbullying when they see it or experience it.**

The class learned that bullying and cyberbullying have a negative impact on the educational

environment for everyone. The class also learned that there are serious consequences for

bullying and cyberbullying, even if it happens outside of school. We also discussed how to be

good digital citizens by THINKing before posting anything on social media.

Before you post, THINK; make sure that what you're posting is:

**T**rue

**H**elpful

**I**nspiring

**N**ecessary

**K**ind

**We encourage you to ask your child(ren) about what they learned today.** The more we empower our children to stop bullying, the better their school experience will be. Children learn best when they feel safe.

Today’s lesson was brought to your student by David’s Legacy Foundation, an organization

whose mission is to end bullying and cyberbullying of children and teens through education,

legislation, and legal action. For more information about the nonprofit, visit [www.DavidsLegacy.org](http://www.DavidsLegacy.org) .

If you have any questions about today’s lesson, please feel free to contact me.

Sincerely,

[Insert name]