BULLYING & CYBERBULLYING Recognize it, stand up to it, end it.

Some of the effects of bullying on the victim's mental health are:

lonliness

<u>depression</u>

<u>anxiety</u>

<u>behavioral problems</u>

physical distress

Bullying not only hurts the target but has negative effects on the bully too. Some of the negative effects might include:

poor school performance difficulty maintaining social relationships less likely to be educated or employed risk of child or spousal abuse increased risk of substance abuse

List a few ways you can show disapproval of bullying or cyberbullying behavior:

help the target get away

<u>report</u>

don't laugh, share, or comment

be a friend to the target of bullying

What should you do if bullied or cyberbullied?

ask the bully to stop

don't respond

save the evidence

<u>report, block, & disengage</u>

<u>tell an adult</u>



IDEA BANK

anxiety

report, block, disengage

poor school performance

loneliness

tell an adult

depression

behavioral problems

report

ask the bully to stop

increased risk of substance abuse

don't respond

help the target get away

physcial distress

save the evidence

be a friend to the target of the bullying

difficulty maintaining social relationships

risk of spousal or child abuse

don't laugh, share, or comment

less likely to be educated or employed



Education Code Civil Code	Education Code
<u>Criminal Code</u>	\$2,000 fine
When does cyberbullying move from a	
Misdemeaner to a Class A Misdemeaner? <u>suicide baiting</u>	er? Criminal Code
violation of an injunction	6 months in jail
	Civil Code
In addressing a bullying situation thro legal system, what is the most commo currently, to try to stop cyberbullying?	on way,
Have a cease-and-desist letter sent by a law	<u>yer.</u> \$4,000 fine
List the consequences of cyberbullying the Texas Criminal Code.	12 months in jail
<u>6 months in jail</u>	violation of an injunct
<u>\$4000 fine</u>	
<u>12 months in jail</u>	
How can you anonymously report bull	ying or



