

# BULLYING & CYBERBULLYING

## Recognize it, stand up to it, end it.

Some of the effects of bullying on the victim's mental health are:

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Bullying not only hurts the target but has negative effects on the bully too. Some of the negative effects might include:

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List a few ways you can show disapproval of bullying or cyberbullying behavior:

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What should you do if bullied or cyberbullied?

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### IDEA BANK

- anxiety
- report, block, disengage
- Poor school performance
- loneliness
- tell an adult
- depression
- behavioral problems
- report
- ask the bully to stop
- increased risk of substance abuse
- don't respond
- help the target get away
- physical distress
- save the evidence
- be a friend to the target of the bullying
- leave
- Difficulty maintaining social relationships
- don't laugh
- Risk of spousal or child abuse
- don't share or comment
- less likely to be educated or employed

David's Law was passed in 2017. What areas of Texas Code did it update or amend?

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When does cyberbullying move from a Class B Misdemeanor to a Class A Misdemeanor?

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In addressing a bullying situation through the legal system, what is the most common way, currently, to try to stop cyberbullying?

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List the consequences of cyberbullying under the Texas Criminal Code.

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How can you anonymously report bullying or cyberbullying at your school?

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**IDEA BANK**

Education Code

\$2,000 fine

suicide baiting

Criminal Code

file a police report

6 months in jail

Civil Code

have a cease-and-desist letter sent

\$4,000 fine

school district website

repeat offender

12 months in jail

violation of an injunction

